

## HeadStart: Information sheet for parents/carers of students in Year 8

### Why are we contacting you?

HeadStart is working with your child's school and a number of other schools across England. As part of HeadStart we are measuring wellbeing in young people aged 10- to 16-years-old, over a five-year period. This year, all students in Year 8 (and Year 9) are invited to take part in a short online questionnaire.

We are asking for your permission for your child to complete a survey once a year for up to four years (the final time would be when your child is in Year 11). If you give permission, your child will also be asked if they would like to take part. **You are both free to withdraw at any time, without giving a reason.** If, after your child has taken part, you decide that you want us to remove your child's answers, you can contact us and ask us to delete their information.

### What do we want to find out?

This study aims to find out more about young people's wellbeing so that improvements can be made to the way that we support them.

### What will your child be asked to do?

Taking part will involve your child, along with all Year 8 pupils, completing a short online questionnaire at school, in early 2018. It asks questions about how your child feels about their school, friends, and themselves. It is not expected to take longer than 40 minutes. We will not ask your child for any information that identifies them (e.g. their name).

### What are the possible risks/disadvantages of taking part?

There are no known risks/disadvantages to taking part in the questionnaire. If any risks or disadvantages become known during the research, you and your child will be informed straight away via the school. You can also get independent support and advice from a charity called Young Minds. Their parent helpline number is 0808 802 5544.

If you ever wish to make a formal complaint about the conduct of the research you should contact Dr Jessica Deighton, Evidence Based Practice Unit (EBPU), UCL and the Anna Freud Centre, Jordan House, 47 Brunswick Place, London, N1 6EB.

### What are the possible benefits of taking part?

There is no guaranteed benefit in taking part. Most people find taking part in research rewarding, as it helps to find out about things that may benefit other people in the future. For example, survey results will help your child's school understand and support the wellbeing of all pupils.

### What information is the research using?

The research will combine information from three sources:

1. Child-reported surveys: This is to understand how children and young people feel about their school, friends, and themselves.

2. Information that schools already collect: Pupil characteristics, such as ethnicity, deprivation, special educational needs, attendance, and attainment.
3. Service information: Information from the local authority if children and young people have had any HeadStart support for their emotional wellbeing (e.g. training for teachers about supporting pupils' wellbeing, or peer mentoring for children). This will be used to understand more about different groups of young people completing the questionnaire and understand whether activities they took part in helped to make them feel better.

We will use the above information to carry out analysis on groups of young people, not individuals. Your local authority will also share with us an individual reference number for each pupil (called the Unique Pupil Number, or UPN). We will only use this to link information from these three different sources.

**We will not use the information to identify specific pupils for any reason.**

#### **How will my child's data be stored and who will have access to it?**

- All information will be kept completely confidential.
- A member of the research team and a named staff member at your local HeadStart service at the local authority will have access to the identifiable data.
- The website used by schools to access the questionnaire will be completely secure and password protected. All survey data will be stored on a secure and password protected server to which only senior members of the research team have access.
- Once the data is linked, it will be anonymised (so that individuals cannot be identified) and the analysis will be carried out on the anonymised data.
- All data will be collected and stored in accordance with the Data Protection Act 1998, or prevailing data protection legislation.
- The information may be presented at conferences or used as part of academic publications and a student project. No information presented will identify any individuals involved.

#### **Further information:**

If you have any questions, or would like more information about the research, you may want to email us at [HeadStart@annafreud.org](mailto:HeadStart@annafreud.org) or call us on 020 7794 2294. Further details about the research and team can be found on our website:

#### ***This research has been approved by the UCL Research Ethics Committee***

All research is looked at by an independent group of people, called a Research Ethics Committee, to protect your interests. This research has been approved by the UCL Research Ethics committee (UCL Ethics number: 8097/003).

***Thank you for taking the time to read this information sheet.***

## Agreeing for your child to be part of this research

- We hope you will allow your child to take part in this research. **If you are happy for your child to take part then you do not need to do anything.**
- If you do not want your child to participate in this research, you need to let us know before **23<sup>rd</sup> January 2018**. Please complete the form below, use the freepost code below and return it to:

FREEPOST (RLYU-KAAB-AXRC)  
HeadStart Data Manager  
School of Education,  
B4.10 Ellen Wilkinson Building,  
University of Manchester,  
Oxford Road,  
Manchester,  
M13 9PL

Alternatively, the Data Manager can be contacted by telephone on 0161 275 3415 or email at [headstart@manchester.ac.uk](mailto:headstart@manchester.ac.uk)

It will be made clear to all children when they are given the questionnaires that they do not have to answer any questions that they don't want to and they do not have to take part at all if they don't want to.

You only need to complete and return this slip if you do not wish your child to take part.

**If you are happy for your child to take part then you do not need to do anything.**

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I do not want my child to take part in the survey. My details are as follows:

Child's name: \_\_\_\_\_

Parent or carer's name: \_\_\_\_\_

Year Group: \_\_\_\_\_

Name of my child's school: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**[Response required by 23<sup>rd</sup> January 2018**