Top Revision Tips for Students

 Find the right environment to revise: <u>NOT</u> in front of the TV. <u>NOT</u> listening to music: it uses parts of the brain you need for working memory. Certainly not social media or mobile phones. Distraction = failure!





2. On non-school days, start revising early: i.e. 9am — that way you'll get your day's work done much quicker and will have time to relax in the evening.

3. Take short breaks: ten minutes every hour, not an hour every ten minutes.





- **4. Get yourself drinks and snacks in advance:** so you don't make excuses to stop every ten minutes...
- 5. Sit at a proper desk: Don't try to revise in bedyou'll be in the land of pink igloos and elephants before you can say "Captain Birdseye".



6. Don't put it off: "Procrastination" is the long word for it. And it means rearranging stuff on your desk, getting a sudden urge after 16 years to tidy your room, playing the guitar, thinking about the weekend, writing love poems about that girl/boy you fancy, painting your toenails, etc, etc, etc,... Sit down at your desk and GET ON WITH IT.



7. Don't turn yourself into a revision zombie: if you stop doing anything else but revision you'll turn into a zombie. It's really important that you keep time to do things you enjoy... like cinema, shopping, sports, frisbee, rock-climbing, making model planes, whatever tickles your ferret. When you're doing these try to relax and totally forget about revision.

8. Record your exam notes: record yourself reading your exam notes and then listen to them on headphones when you go to sleep. This works really well for 'Blood Brothers' songs.





- **9. Stick revision notes all around your house:** so in the exam you think
- "aha, quadratic equations, they were on the fridge..."
- **10. Try reading difficult bits in funny accents:** Australian is particularly good. This'll make the quotations more memorable.



11. Use a variety of revision methods: flash cards, mind maps, chanting, visualising, colour coding, mnemonics, timelines, charts, diagrams, Post-It notes around the house, Memrise, highlighting...



- 12. Don't just read your notes: you have to WRITE STUFF DOWN.
- **13. Don't spend ages making your notes look pretty:** this is just wasting time. For diagrams, include all the details you need to learn, but don't try to produce a work of art. Limit yourself to 2 or 3 colours so you don't get carried away colouring things in.
- **14. Do lots of practice exam papers:** This is especially important as you get close to the exams.
- **15.** Use revision guides: CGP ones are very good.
- **16. Most of all, remember to practise, practise, PRACTISE!** No one ever in the history of humanity succeeded by not practising.

